



Building Foundations Activity

Purpose

This activity has been designed to assist people to think about their housing goals and choices by using pictures.

It looks at 7 areas of consideration when planning for housing.

Once completed, participants can take a photo of their completed activity.

The photograph may assist the person with their housing journey.

Materials

Building Foundations Board and the 41 Building Foundations cards

Instructions for set up

The cards are colour coded according to areas of consideration for peoples housing needs, preferences and choices.



Funded by



Instructions for activity

1. Explain the purpose of the activity to the person.
2. Layout the cards on a table or floor or give the cards to the person.
3. Layout the A3 board.
4. There are some cards that ask questions and others that make a statement.
Ask the participant the relevant questions or read the statements on the cards.
e.g. In the **Location** cards there are statements: "I want to live in a city", "I want to live near my work." In the **Cost** cards there are questions like "How much can I afford to spend?" and "How much is the rent or mortgage?"
5. Ask the participant to select a card that is relevant to them. If the card asks a question that is relevant to the participant, place this on the board. This may prompt further conversation immediately or at a later time.
6. There should be at least 1 card from each category on the activity board.
7. Ask the participant to place each card on the board.
8. Encourage the participant to take a photo of the completed board using their smart phone or device. You could also take a photo if the person has no device and send it to them.
9. Some cards may require extra explanation or may generate more conversation.
Refer to My Housing Options Guide for information to support these conversations.

For more information refer to
www.myhousingoptions.org.au

